

# Bielefeld solidarity against Corona – Telegram group for help requests

What's the matter?

The threat of the Corona crisis calls us all for solidarity. Not only with those at greater risk, but also with everybody who is affected by the restrictions that come with Corona. Let's build our own care network and let the crisis be an act of solidarity!

What you can do:

1. **Join the Telegramgroup „Bielefeld solidarisch“.** Telegram free is a messenger, accessible by smartphone or any other desktop device. **Send a text message if you need help.** It doesn't matter if you need help with childcare or your errands. If you have the time, **help people who ask for help there.** Pay attention that you help the same people for an amount of time, so that the virus doesn't get spread due to your help.
2. **If you want to offer help, hang a note in your neighborhood.** An example is in the telegramgroup. That helps the group with not getting spammed.

**Call action against fake news!**

**Don't let the racists use that crisis for themselves.**

**Speak about your fears and political consequences!**

**Here you can find the  
Telegramgroup:**

<https://t.me/joinchat/F8mT4xvDSE19NvT3CbdXAA>

